



Hydrafacial

AFTERCARE

Please follow these steps for optimal results.

1. Discontinue the use of topical Retin-A or generic tretinoin for at least 48 hours before and after treatment.
2. Refrain from any exfoliating treatments for 48 hours before and after treatment.
3. Discontinue use of over-the-counter acne medications such as benzoyl peroxide and salicylic acid for 48 hours before and after treatment.
4. Avoid excessive sun exposure or tanning beds for 72 hours before and after treatment.
5. **Always wear sunscreen!**
6. Shaving/use of depilatories is not recommended on the day of treatment.
7. Avoid heat (hot showers, sauna, and intense cardio) for 24 hours after treatment.